

**MENTAL HEALTH ASSOCIATION (MHA)**  
**COMMUNITY FRIENDS – FEBRUARY 2017**  
 A SAFE COMMUNITY, SUPPORTING EACH OTHER IN RECOVERY

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>MHA PHONE NUMBER – 244-1040</b>			1	2 Groundhog Day 	3	4
5 Super Bowl 	6	7 DEPRESSION BI-POLAR SUPPORT GROUP AT ST. SIMON'S CHURCH – 7 PM	8	9	10	11
12	13	14  DEPRESSION BI-POLAR SUPPORT GROUP AT ST. SIMON'S CHURCH – 7 PM	15	16	17	18
19	20 Presidents Day	21 DEPRESSION BI-POLAR SUPPORT GROUP AT ST. SIMON'S CHURCH – 7 PM	22	23	24	25
26	27	28 DEPRESSION BI-POLAR SUPPORT GROUP AT ST. SIMON'S CHURCH - 7 PM	<b>Notes:</b>			